



APPSYCON 2026

★
Visakhapatnam



📅 July 11th & 12th, 2026

46TH ANNUAL CONFERENCE OF THE IPS-AP STATE BRANCH

4 CME
CREDIT
HOURS BY
APMC

VENUE

Centre of Excellence,
Government Hospital for Mental
Care,
Visakhapatnam

**THEME : FRONTIERS IN CONSULTATION-LIAISON PSYCHIATRY.
INNOVATION, INTEGRATION AND NAVIGATION.**



ORGANIZED BY

Government Hospital for Mental Care

in association with

Visakha Psychiatry Society

Email: appsycon2026@gmail.com



INDIAN PSYCHIATRIC SOCIETY

ANDHRA PRADESH STATE BRANCH

Dear all,

It is our immense pleasure to invite you to APSYCON 2026, the 46th Annual Conference of the IPS AP State Branch, to be held on 11 and 12 July 2026 at the Government Hospital for Mental Care (GHMC), Visakhapatnam. We look forward to your active participation, scholarly exchanges, and collegial warmth in this vibrant port city.

About Visakhapatnam – The City of Destiny

- Fondly known as Vizag, Visakhapatnam is a major port, industrial, and IT hub on India's east coast, and it is the headquarters of the Eastern Naval Command.

Venue spotlight: GHMC

- As Andhra Pradesh's 153 years and most reputed mental health institute; established in the British era and NABH accredited, GHMC serves patients from Andhra Pradesh, Odisha, Chhattisgarh, Telangana, and beyond.
- It offers comprehensive services in general psychiatry, child and adolescent psychiatry, geriatric psychiatry, de-addiction, and community psychiatry.
- Accorded a Centre of Excellence by the Government of India, GHMC is affiliated with Andhra Medical College, which has served North Coastal Andhra for over 100 years.

Explore Vizag's rich heritage

Visakhapatnam blends spiritual, historical, and natural wonders:

- **Spiritual & Historical Sites:** Simhachalam Temple (11th-century hill shrine to Lord Varaha Narasimha), Thotlakonda Buddhist Complex (3rd-century BCE monastic site), Ross Hill (where a temple, church and masjid coexist), and the Dutch Cemetery.
- **Museums:** Visakha Museum and INS Kursura Submarine Museum on RK Beach, showcasing maritime and military history.

Nature Lover's Paradise

- Within the City: Kailasagiri Hill Park for panoramic views; pristine Rishikonda (paragliding, scuba diving) and Yarada Beaches for relaxation; Indira Gandhi Zoological Park and Matsyadarshini Aquarium for families; Eco trekking at kambalakonda and Boating in Konadakarla avva.

Vizag's Culinary Delights:

- **Seafood and snacks:** Biryani, freshly caught tiger prawns in spicy gongura or Royyala Iguru curry, Muri mixture and corncobs on the beach road, Bamboo Chicken and Chicken Kebabs (at Araku)
- Near by Getaways (1-2 hours drive): Araku Valley (coffee plantations, tribal culture), Borra Caves (among India's largest limestone caves), and Katiki Waterfalls – perfect for pre-or post-conference trips.

Practical information:

- **Weather in July:** typical highs around 35°C and lows around 27°C, with possible light showers and high humidity.
- **Connectivity:** excellent road, rail, and air links to the rest of Andhra Pradesh.
- **Accommodation:** a range of hotels is available; details will follow soon.

We once again welcome you to experience the hospitality of North Coastal Andhra Pradesh and to savour the academic feast that awaits.



Dr. D. Vijaya Lakshmi
Organizing Chairman



Dr. K. Madhavi Latha
Organizing secretary

IPS AP SB OFFICE BEARERS



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President



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Registration Committee



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Souvenir Committee



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AV Committee

Scientific sub-committee

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2. Dr. N Tejaswini
3. Dr. D Mounika
4. Dr. P Rahul
5. Dr. M Pavana Lalitha
6. Dr. V Sudha Manaswini
7. Dr. Meghana Seshagiri
8. Dr. KSVR Naga Pavan Kumar

Cultural sub-committee

1. Dr. Anupama Kakarala
2. Dr. Kavya
3. Dr. A K Mahalakshmi
4. Dr. A Chandana(SR)

Hospitality sub-committee

1. Dr. K Sandhya
2. Dr. M Prajwala
3. Dr. J Bhargav Reddy
4. Dr. G. Bindu
5. Dr. Shrikanth

Registration committee

1. Dr. Anupama Kakarala
2. Dr. Kavya
3. Dr. Nirmala
4. Dr. Lalitha
5. Dr. Sarath Chandra
6. Dr. V Rashmita

A V committee

1. Dr. N S Ammaji Rao
2. Dr. Tulaseedhar Reddy
3. Ch Ravi

Inauguration Committe

1. Dr. N Tejaswini
2. Dr. Shireesha
3. Dr. Sravya
4. Dr. Nirmala
5. Dr. Lalitha
6. Dr. V Rashmita
7. Dr. L Parameswari
8. Dr. A K Mahalakshmi

Academic sub-committee

• Quiz

1. Dr. D Satya Prasanna
2. Dr. P Pavan kumar
3. Dr. Gangadhar Rao
4. Dr. N S Ammaji Rao
5. Dr. Prabhavathi (SR)
6. Dr. Meghana Seshagiri

• Papers and Posters

1. Dr. M Prajwala
2. Dr. G Bindu
3. Dr. G Swetha
4. Dr. Gangadhar Rao
5. Dr. Meghana Saka
6. Dr. Sujana
7. Dr. J Bhargav Reddy
8. Dr. A K Mahalakshmi
9. Dr. Sarath Chandra

Reception committee

1. Dr Meghana
2. Dr. Sravya
3. Dr Chandhana(SR)

Souvenir committee

1. Dr. D Satya Prasanna
2. Dr Meghana Saka
3. Dr. P Pavan kumar
4. Dr. D Mounika
5. Dr. P. Rahul
6. Dr. Sujana
7. Dr. Prabhavathi (SR)

Valedictory Committe

1. Dr. D Mounika
2. Dr. D Satya Prasanna
3. Dr. G Bindu
4. Dr. Sudha Manaswini
5. Dr. Parameswari

Awards

- Late Dr. Jaya Nagaraja UG Quiz Award – UG students from all colleges can participate in the quiz with a team of 2 students from each college.
- Dr. D. S. Raju Memorial Oration Award
- Manasa Hospital, Rajahmundry, Oration award
- Professor Dr. N. V. Ramana Rao Oration Award.
- Indlas lifetime achievement award, Instituted by Indlas Hospital, vijayawada
- Dr. T. P. Sudhakar SVMC Alumni Best PG Paper Award
- Dr. Mopidevi Vijaya Gopal – IPS AP State Branch Best Poster Award
- Dr. K. Uday Kumar - Nellore Psychiatry Society Best Research Award

For Detailed guidelines about awards, please visit: <https://ipsap.org/awards/>

All award papers & Posters should reach the Awards Committee Chairman by 30-06-2026

Note: Full article should be sent*

Award Committee Chairman :

Dr. G. V. S. Murthy

Email :

gvsmurthy22@gmail.com

ipsapsboffice@gmail.com

appsycon2026@gmail.com

Free Paper & Poster Abstracts should reach the president of IPSAP by 30-06-2026

President IPS-AP branch

Dr. P. Lokeshwara Reddy

Email :

drplokesh1975@gmail.com

ipsapsboffice@gmail.com

appsycon2026@gmail.com

Registration Details

	Early bird Registrations upto 31 st march 2026	Registrations upto 30th April 2026	Registrations upto 30th June 2026	Registrations from July 1 st or Spot-Registration
IPS AP Members	Rs 4000/-	Rs 5000/-	Rs 6000/-	Rs 7000/-
Non IPS AP Members	Rs 5000/-	Rs 6000/-	Rs 7000/-	Rs 8000/-
Accompanying Persons	Rs 2000/-	Rs 2500/-	Rs 3000/-	Rs 3500/-
PG Students IPS AP Members	Rs 2000/-	Rs 2500/-	Rs 3000/-	Rs 3500/-
PG Students Non IPS AP Members	Rs 2500/-	Rs 3500/-	Rs 4000/-	Rs 4500/-
Corporate Delegates for every Registration (Max 6)	Rs 30000/-	Rs 35000/-	Rs 40000/-	Rs 45000/-
IPS AP Members aged over 65 years	Complimentary	Complimentary	Rs 4000/-	Rs 5000/-

**Scan the QR Code
to make the
payment**



Complimentary Registration

- >65 years - IPS Member (Before 30th April)
 - <12 years - Accompanied by Registered Delegate
- *Upload Aadhaar Card copy in payment section

Google Form Link

[Click Here for Registration](#)



APPSYCON – 2026

PRE CONFERENCE WORKSHOPS

Date : 10th July 2026

VENUE

**Centre of Excellence,
Government Hospital for Mental Care,
Visakhapatnam**

Session 1 : WORKSHOP ON MARITAL THERAPY

By : DR. Rathna Isaac

Senior Clinical Psychologist, Bengaluru

Time : 9:00 A.M. to 12:30 P.M.

Session Fee : Rs 700/-

Limited seats: only 40 per session*

Session 2 : WORKSHOP ON CBT

By : DR. Deepa Mohan

Senior Clinical Psychologist, Visakhapatnam

Time : 2:00 P.M. to 05:30 P.M.

Session Fee : Rs 700/-

Limited seats: only 40 per session*

Scan the QR Code
to make the
payment



Google Form Link

[Click Here for Registration](#)

Email: appsycon2026@gmail.com



APPSYCON 2026

VISAKHAPATNAM

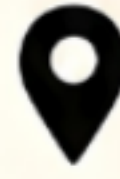
THEME: "FRONTIERS IN CONSULTATION-LIAISON PSYCHIATRY
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CONDUCTED BY: GOVT HOSPITAL FOR MENTAL CARE, VISAKHAPATNAM
IN ASSOCIATION WITH VISAKHA PSYCHIATRY SOCIETY



Dates: 11th & 12th July -2026



Venue: Academic Block, Centre of Excellence,
Govt. Hospital for Mental Care

Dr. S. Kiran Kumar
Treasurer

Dr. K.V.Rami Reddy
Organizing Vice-Chairman

Dr. D. Vijaya Lakshmi
Organizing Chairman

Dr. K. Madhavi Latha
Organizing secretary

APPSYCON-2026 PROGRAM SCHEDULE



DAY 1 – 11-07-2026

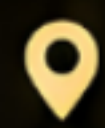


Venue: Godavari Hall

S.No	Time	Topic	Speaker	Chairpersons
1	8:00 – 9:00 am	Registration	-	-
2	9:00 – 10:00 am	Recognizing Autoimmune Encephalitis Behind the Facade of Psychosis	Dr. Ramakrishnaraju , Consultant Psychiatrist , Bhimavaram Hospitals , Bhimavaram	Dr. Y. Prabhakar Dr. K. Sarada
3	10:00 – 11:00 am	INAUGURATION.	-	-
4	11:00 – 11:45 am	Presidential Address – Young Minds Matter : A Blueprint for Adolescent Mental Health Protection	Dr. NRP Chandra Balaji , President Elect IPS AP	Dr. P Lokeswara Reddy
5	11:45 – 12:15 pm	INDLAS Life Time Achievement Award instituted by INDLAS Hospital , Vijayawada (Awarded to Dr. N. V Ramana Rao)	-	-
6	12:15 – 1:00 pm	Professor Dr. N.V Ramana Rao Oration Award , instituted by students of Dr. N.V Ramana Rao Integration of Artificial Intelligence in Daily Clinical Practice	Dr. T.P. Sudhakar , Professor of Psychiatry , Apollo Institute of Medical Sciences , Chittoor	Dr. I V L Narasimha Rao Dr. D. Phani Bhushan
7	1:00 – 2:00 pm	LUNCH BREAK	-	-
8	2:00 – 2:50 pm	Complex Patients - Complex Decisions - Consultation Liaison Psychiatry in Action	Dr. Phani Prasanth , Director and Consultant Psychiatrist , Chetana Hospital , Hyderabad	Dr. Abhay Matkar Dr. N Uma Jyothi
9	2:50 – 3:40 pm	Beyond the Physical - Exploring the Multifaceted Etiology of Sexual Dysfunction	Dr. T.S.S Rao , Prof. Emeritus in Psychiatry and Chief Coordinator in Psychosexual health in JSSAHER , Mysore	Dr. Kshirod K. Mishra Dr. K. Rekha Dutt
10	3:40 – 5:00 pm	Dr. T. P. Sudhakar. SVMC Alumni Best PG Paper Award.	-	Dr. Veda N. Shetagiri Dr. Pavan Kulkarni
11	5:00 – 6:00 pm	Annual General Body Meeting	-	-



GALA DINNER



Gadiraju Palace Convention Center & Hotel



7:00 pm – 10:30 pm

Time	Event	Venue	Chairpersons
8:00 – 9:00 am	Free Posters	Aaron Beck Hall	-
8:00 – 9:00 am	Free Papers	Venkoba Rao Hall	Dr. N Nageswara Rao Dr. Hemanth Madhav
12:00 – 1:00 pm	Award Posters	Aaron Beck Hall	-
4:00 – 6:00 pm	Late Dr. Jaya Nagaraja UG Quiz	Freud Gallery	-



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Treasurer

Dr. K.V.Rami Reddy
Organizing Vice-Chairman

Dr. D. Vijaya Lakshmi
Organizing Chairman

Dr. K. Madhavi Latha
Organizing secretary

APPSYCON-2026 PROGRAM SCHEDULE



DAY 2 – 12-07-2026



Venue: Godavari Hall

S.No	Time	Topic	Speaker	Chairpersons
1	9:00 – 10:00 am	Psycho-oncology in Action : Integrating Mental Health into Comprehensive Cancer Care	Dr. Sangha Mitra Godi , Assistant Professor , AIIMS Mangalagiri	Dr. K. Gangaram Dr. D. Niveditha Raju
2	10:00 – 11:00 am	Ethical & Legal aspects in Consultation - Liaison Psychiatry	Dr. Suresh Bada Math , Professor of Psychiatry and Head of Forensic Psychiatric Unit, NIMHANS Bangalore	Dr. P. Himakar Dr. V. Radhika Reddy
-	11:00 – 11:15 am	TEA BREAK	-	-
3	11:15 am – 12:15 pm	MANASA Hospital , Rajahmundry Oration Award instituted by Dr. Karri Rama Reddy Mind , Mood and Microbiota – Gut-Brain Axis in Psychiatric Disorders	Dr. Ramesh Babu , Consultant Psychiatrist , Manasa Clinic Kurnool	Dr. M. Vijay Gopal Dr. I. Rama Subba Reddy
4	12:15 – 1:15 pm	Dr. D S Raju Memorial Oration Award , instituted by Mrs. Laxmiraju Future Shock - Lessons for Psychiatry	Dr. Pratima Murthy , Director, NIMHANS	Dr. K. Narasimha Reddy Dr. G. V. Ramana Rao
-	1:15 – 2:00 pm	LUNCH BREAK	-	-
5	2:00 – 3:00 pm	The Bidirectional Link - Understanding the Complex Interplay of Obesity and Mental Health	Dr. JP Russell Ravan , Professor and HOD of Psychiatry and Human Behaviour, DRIEMS Institute of Medical Sciences , Cuttack	Dr. K Uday Kumar Dr. C Radha Kanth
6	3:00 – 4:00 pm	When the Body speaks the Mind's Trauma – Unpacking the Dissociation	Dr. N N Raju , Professor and HOD of Psychiatry , Gayathri Vidya Parishad Medical College , Visakhapatnam	Dr. G. S. P. Raju Dr. Srinivas Singisetty
7	4pm onwards	Valedictory	-	-
	Time	Event	Venue	Chairpersons
	8:00 – 9:00 am	Free Posters	Aaron Beck Hall	-

ATTRACTIONS AROUND VIZAG



Rushi Konda Beach



Bojjanna Konda



Kondakarla ava



Totlakonda



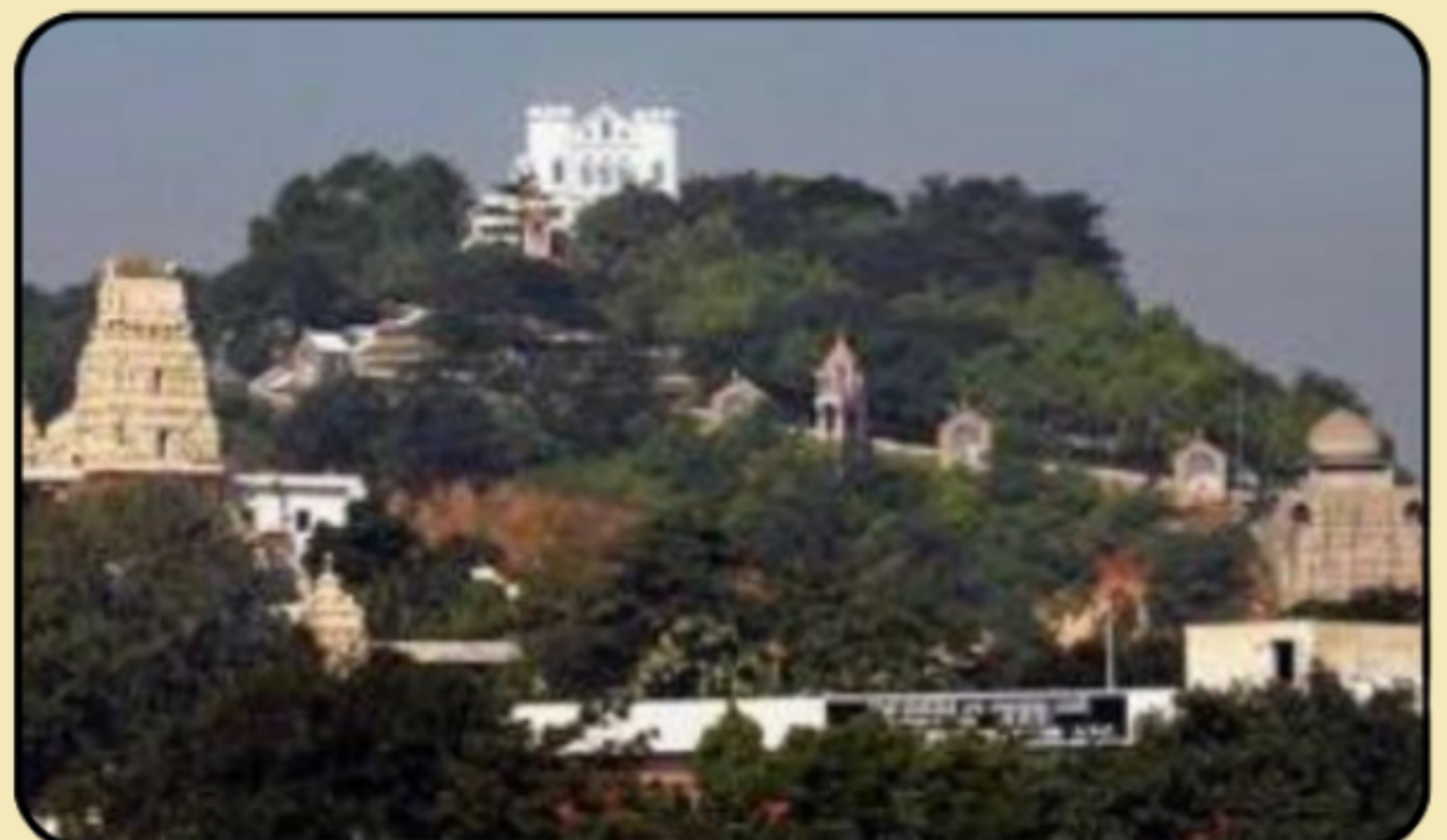
Kailasagiri



Vanjangi trek



Natural Arch



Ross hill

An aerial photograph of a coastal town with a large mountain peak in the background. The town is built on a hillside, and the ocean is visible to the right. The text is overlaid on the image.

THANK YOU

**Looking Forward for your
Active Participation**